



ZFIT WELLNESS PROGRAM

Mission Statement: “To create value for our employees and the Bank; acting as a resource for, promoting and supporting Wellness among employees and their family members; fostering a healthy and productive culture focused on total well-being.”

Zions Bank has a long-standing commitment to wellness of employees, their families and our communities through various channels, below are some of the highlights of our programming:

CORPORATE SPONSORSHIP/GIVING

- United Way Giving Campaign/ Day of Caring
- Annual Food Drive
- Junior Achievement Bowlathon
- Opportunity for employees to influence Corporate Giving decisions

COMPANY PARTICIPATION IN LOCAL WELLNESS EVENTS

- American Heart and Stroke Association Annual Heart Walk
- American Lung Association Fight for Air Climb
- Salt Lake Corporate Games
- Ogden Marathon
- Tour of Utah
- Clear the Air Challenge

CORPORATE WELLNESS PROGRAMMING

- Thrive Across America
- Maintain Don't Gain

CREATION OF ZIONS BANK SPECIFIC COMPANYWIDE WELLNESS EVENTS

- zFit Invitational “March Madness – You’ve Been Drafted”
- zFit Award “Get Fit, Give Back”
- Paint-a-thon
- Annual Children’s Holiday Event
- Healthwise Expos/Flu shot clinics
- Blood Drives

EMPLOYEE REWARDS AND RECOGNITION

- Live Well Rewards
- Employer Contribution to HSA/FSA accounts up to \$100 per year
- Recognition event, promo items for zFit Invitational winners

COMPANY RECOGNITION

- American Heart Association Fit Friendly Platinum Award Winner
- Utah Council for Worksite Health Promotion Platinum Award
- Healthcare Hero Award
- American Banker Best Banks to Work For

WELLNESS RESOURCES

- zFit Website
- Weekly Wellness Tips
- Employee Discounts
- Financial Peace University Classes

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ZIONS BANK

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